

Michelle Rickard CD(DONA), ICEE

253-709-0361

**CHILDBIRTH EDUCATION CONTRACT**

Name(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Due Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mailing Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Recommended by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Childbirth classes help expectant parents learn about and prepare for labor and birth.

This childbirth education series is three (3) weeks in length. This series will be tailored to suit your needs, unlike traditional hospital childbirth classes.

The classes will progress as follows:
 **Class 1**

* Anatomy & Physiology
* Outline of labor- Signs & Stages & Strategies
* Comfort Techniques
* How partners help

 **Class 2**

* Optimal Fetal Positioning
* Variations of labor, Interventions & pain Medication
* Cesarean birth – staying connected in the OR

**Class 3**

* Newborn News
* Feeding the Baby
* Postpartum – The 1st 6 weeks

**Limitations/Disclaimer**

The information given in this class is evidenced-based. It is not intended to take the place of your care Provider’s advice and/or protocol. If information given conflicts with your care provider’s information, it is my recommendation that you research further in order to make an informed decision about your car.

**Fee**

The cost of this course is $300 and is due at the signing of this contract. As an option, you may split the fee into 2 payments of $150.00 each, the first of which is due at the signing of this contract and the 2nd payment due at the beginning of the 2nd class.

**Refunds & Cancellations**

I require at least 24 hours’ notice for cancellations. In the event that less than 24 hours’ notice is given, a $15.00 fee will apply. (This fee does not apply when severe weather conditions and/or last minute injuries are the cause of cancellation.) In the event of illness or injury on the part of the doula, severe weather or birth, the class will be rescheduled as soon as possible.

If you choose to cancel any remaining classes after the signing of this contract, the following will apply:

Cancellation after 1st class - $50.00 of the total fee will be refunded.

Cancellation after 2nd class – $25.00 of the total fee will be refunded.

(If your baby is born before you complete the course a refund will be issued for the missed classes.)

**Agreement**

I agree that I will in no way hold the instructor of this class, Michelle Rickard ICCE, CD (DONA), responsible for any complications that could arise as a result of my pregnancy, labor or the delivery of my child, and I agree that neither I nor any member of my family will make any claim or initiate any suit against any of the above named parties now or at any time in the future. In signing this contract, you agree that I have discussed all the points herein and you understand and agree with them.

Client's signature (Mother) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client's signature (Husband/partner) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Instructor’s signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_